

Washtenaw County Critical Incident Stress Management Program

Annual SUMMARY

January – December 2019

MEMBERSHIP AND RECRUITMENT

In 2019 we gained 2 new first responder members to the Critical Incident Stress Management (CISM) team. We currently have 39 active members on the team. This includes 9 'lead' crisis responders and 30 debriefers.

We currently have eight team members who are trained to handle coordinating the team for callouts in the absence of the coordinator. This is important because it makes the team management more resilient.

TRAINING and EDUCATION

The team coordinator was trained to be an instructor for the ICISF class 'Assisting Individuals in Crisis.' Then this class was offered by our team and taught by the team coordinator. Two current team members took the class.

One team member attended regional training conference this year.

Team coordinator attended the ICISF World Conference in May of this year.

3 more team members were trained to handle coordinating the team for callouts in the absence of the coordinator.

TEAM MEETINGS.

There were 9 team meetings this year. Most meetings included refresher training or skill building. The topics of our training included sorting, debriefings, defusings, suicide prevention, stress management and active listening.

PUBLIC INFORMATION AND MARKETING

- Washtenaw Alive Suicide Prevention Coalition meetings
- Washtenaw Alive Sub group meetings
- Breakfast Club networking group
- Ann Arbor Police Department presentation at in-house academy
- RU OK? meetings
- HVA peer to peer team planning meetings
- Present at ICISF World Congress
- Information table at UM Depression Conference
- Michigan Crisis Response Association meetings
- Table at Out of Darkness Walk – University of Michigan
- Table at Washtenaw Community College Health and Wellness Fair
- Washtenaw County Health and Safety Fair
- Provided information at showing of Suicide – The Ripple Effect
- Presented at CIT conference
- Met with Corrections officers along with Family Crisis Center
- Resources and support at Manchester Schools Suicide Prevention event
- Interview with Ann Arbor Observer
- Resource information at Citizen’s review panel on prevention

TEAM ACTIVATIONS

Traumatic Events Response Network:

- One on one for witness of stabbing
- Consultation after shooting near school
- Debriefing after homicide
- Consultation for civilian witness who stopped and helped after fatal car crash
- Debriefing after shooting
- CMB after shooting
- Consultation after suicide of family member
- Consultation after suicide
- Debriefing after death at pool
- Debriefing after suicide
- CMB after suicide
- Debriefing after sudden death

**For CISM and TERN team activation please call Washtenaw Metro Dispatch at (734) 994-2911
WCSO Emergency Services Team Coordinator Anne Daws-Lazar (734) 794-2141**

CISM:

- Debriefing after critical car crash
- Debriefing after homicide
- Consultation after suicide
- Debriefing after child abuse
- Debriefing after suicide
- Consultation after fatal car crash
- Debriefing after fatal car crash
- Debriefing after suicide
- Debriefing after fatal crash
- One on one after infant death
- Debriefing after sudden death
- Debriefing after infant death
- Debriefing after infant death
- Debriefing after attempted suicide
- Consultation after suicide
- One on one after child death
- Debriefing after child death
- Debriefing after suicide

GOALS FOR 2020

We continue to look for opportunities to conduct presentations/introductions on CISM in the community and with first responders.

We plan to host at least one Group Crisis Intervention class and one Assisting Individuals in Crisis. Presenting these classes serves as both a recruitment tool for the CISM team and education for the community in what services we offer as a team.

We would like to utilize outside speakers at team meetings and skill building opportunities in order to better understand the populations we serve.

ANNUAL RESPONSE TABLE

This table shows responses by year since 2013. It breaks them down into 'Community' responses and responses for 'Safety Service' personnel. For each team response there may be several actual responses provided. For example we may go to a group of people and provide several one on one's as well as one or more group responses after a single incident.

