

Washtenaw County Critical Incident Stress Management Program

Annual SUMMARY

January – December 2020

MEMBERSHIP AND RECRUITMENT

In 2020 we gained 2 new peer team members. One is a community volunteer and one is a first responder. One Mental Health team member left the team. We currently have 40 active members on the team. This includes 9 'lead' crisis responders and 31 debriefers.

We currently have eight team members who are trained to handle coordinating the team for callouts in the absence of the coordinator. Since the team is on call 24/7/365 it is important to have several people trained to coordinate responses.

TRAINING and EDUCATION

The team sponsored 3 CISM class offerings this year – taught by the team coordinator. One of these was a Group Crisis Interventions and two were Assisting Individuals in Crisis. The Group class was taught in a virtual format in accordance with pandemic protocols.

Several external trainings and conferences were canceled this year.

TEAM MEETINGS.

There were 9 team meetings in 2020 and 3 meetings of a newly created sub-group discussing team resilience.

When we have general meetings, we generally do refresher training or skill building. In 2020, our topics included suicide responses, remote crisis responses and resources, defusing practice, resilience, debriefing pitfalls, family support and selfcare.

PUBLIC INFORMATION AND MARKETING

- Washtenaw Alive Suicide Prevention Coalition meetings
- Breakfast Club networking group
- Ann Arbor Police Department presentation at in-house academy
- RU OK? meetings
- Michigan Crisis Response Association meetings
- Information sharing at Out of Darkness Virtual Walk – University of Michigan
- Introduction to CISM presentation at PSAP meeting
- Coordinator attendance at Mass Casualty Seminar at VA in Ann Arbor
- Coordinator attendance at Online WACC event Cheers for Children
- Statewide Suicide Prevention meetings
- Mom’s Demand Action meetings
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TEAM ACTIVATIONS

Traumatic Events Response Network:

- Consultation after someone brandished weapon at staff
- 2 Debriefings after death of youth in program
- Consultation after death of client
- Consultation – COVID related
- 2 Defusings – COVID related
- One on one – COVID related
- Consultation after domestic situation
- Debriefing (family) after shooting
- Debriefing after barricaded gunman
- 3 CMB’s after death of teen
- 2 Consultations after death of teen
- 1 Debriefing after death of teen
- 2 One on ones after death of teen
- Consultation suicidal small child
- Consultation after death

CISM:

- Debriefing after CPR on infant
- 3 CMB's COVID related
- 2 Debriefings after suicide
- Debriefing after CPR on newborn
- One on one after CPR on newborn
- Debriefing after homicide
- Debriefing after death of teen
- Debriefing after death of small child
- 2 debriefings after death of small child
- Consultation after death of child
- Debriefing after suicide
- 2 Debriefings after officer shooting
- 3 one on ones after officer shooting
- Debriefing after felonious assault
- Debriefing after CPR on infant
- Debriefing after felonious assault
- Debriefing after felonious assault with vehicle
- Debriefing after suicide
- Mutual aid debriefing after line of duty death
- One on one after suicide

GOALS for 2021

We are dedicated to making sure our CISM team is resilient well into the future regardless of what goes on around the team. To this end, we welcome any opportunities to do presentations about CISM to different groups. These presentations can last anywhere from 10 minutes to a few hours.

ANNUAL RESPONSE TABLE 2013-2020

This table shows the responses that the CISM team has gone on 2013-2020 broken down by community responses and responses to safety service agencies. For each critical incident we respond to there may be several crisis responses. In other words there may be 10 different 'interventions' done for one critical incident. The numbers show each response – there may NOT be that many critical incidents.

