

Washtenaw County Critical Incident Stress Management Program

Annual SUMMARY

January – December 2021

MEMBERSHIP AND RECRUITMENT

In 2021 we lost team 5 team members. Some of this was due to life changes and relocation and some may be credited to the pandemic and the difficulty of the last 2 years. We had one first responder join the team.

We currently have 34 active members on the team. This includes 9 'lead' crisis responders and 25 debriefers.

We currently have eight team members who are trained to handle coordinating the team for callouts in the absence of the coordinator. Since the team is on call 24/7/365 it is important to have several people trained to coordinate responses.

TRAINING and EDUCATION

We held a CISM refresher for the team in the July.

Team coordinator went to the MCRA Conference in September and took Advanced Group Crisis Intervention.

When we have general meetings, we generally do refresher training or skill building. In 2021, our topics included Strategic Planning (6 T's), Zoom presence (virtual mock defusing), Doing good introductions to crisis responses, On call procedures, CISM review and Q&A, Active Listening.

TEAM MEETINGS.

There were 8 team meetings in 2021 and 6 meetings of the CISM Steering Committee discussing team resilience.

PUBLIC INFORMATION AND MARKETING

- Washtenaw Alive Suicide Prevention Coalition meetings
- Ann Arbor Police Department presentation at in-house academy
- Michigan Crisis Response Association meetings
- Coordinator attendance at Online WACC event
- Statewide Suicide Prevention meetings
- Mom's Demand Action meetings
- Presentation to area fire chiefs
- Presentation to Saline PD
- Coordinator attend and present at International Critical Incident Stress Foundation World Congress
- Coordinator present at Michigan Crisis Response Association Conference

TEAM ACTIVATIONS

Traumatic Events Response Network:

- Consultation and provide resources after suicide of a family member
- 3 debriefings for direct care mental health staff 1 year after start of pandemic
- Consultation concerning issue between co-workers
- Consultation after private company did body retrieval after industrial accident
- Consultation and provide resources after death of pastor
- Consultation after serious on the job injury of employee
- Debriefing after physical encounter with client

CISM:

- Debriefing after responding to attempt suicide with a knife
- Debriefing after responding to drowning death of toddler
- Debriefing after responding to suicide attempt of pregnant individual
- One on one after responding to barricaded gunman
- 3 one on ones after responding on overdose by 2 year old
- Debriefing after responding on infant CPR/death
- Debriefing after responding on toddler CPR/death
- Debriefing and one on one after CPR/death of 2 month old
- Consultation after suicide by train
- 2 debriefings after in-custody death
- Debriefing after suicide observed by responders
- Debriefing and consultation after responding on CPR/death of infant
- 3 one on ones after death of 2 month old
- Debriefing after responding to CPR/death of 8 month old
- Debriefing after responding to death of 1 year old
- Debriefing after responding to drowning death of toddler
- Debriefing after responding to suicide
- 2 informational sessions after suicide death of co-worker
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GOALS for 2022

In 2020 we started the process of making the Washtenaw CISM team more resilient and accountable by putting together a leadership board which has worked on policies and procedures for the team. This work will continue in 2022.

ANNUAL RESPONSE TABLE 2013-2021

This table shows the responses that the CISM team has gone on 2013-2021 broken down by community responses and responses to safety service agencies. For each critical incident we respond to there may be several crisis responses. In other words there may be 10 different ‘interventions’ done for one critical incident. The numbers show each response – there may NOT be that many critical incidents.

Washtenaw County CISM Safety Service and Community Responses 2013-2021

