

# **Washtenaw County Critical Incident Stress Program**

## **Annual SUMMARY**

**January-December 2017**

### **MEMBERSHIP AND RECRUITMENT**

In 2017 we lost 1 member due to changed job responsibilities and one through death. Six members went to 'inactive' status due lack of communication. Two members went to 'inactive' status due to changed job responsibilities. We added 3 peer members to the team and 2 behavior health professionals. We have 33 active members on our team. Of these people 9 are 'lead' crisis responders and 24 are debriefers.

The Washtenaw County CISM team lost a founding member this year. Mike Murphy died July 3 after a brief illness. His wisdom and wit will be sorely missed.

### **TRAINING and EDUCATION**

The team coordinator and one team member conducted "Assisting Individuals in Crisis and Group Crisis Intervention" class in Livingston County in January of 2017.

The team coordinator and one team member attended the annual Michigan Crisis Response Association Conference in Tustin, MI, in September 2017.

A team member conducted a 'Group Crisis Intervention' class in April of 2017 with the coordinator assisting.

Two team members were trained in Pastoral Care in Crisis Response.

Team coordinator attended National Emergency Number Association – MI Conference in May of 2017

Team coordinator attended the International Crisis Incident Stress Foundation's 14<sup>th</sup> World Congress in Baltimore, MD, in May of 2017

## **TEAM MEETINGS**

There were 7 team meetings in 2017. At every meeting we offer some education or refresher information and go over recent responses. One meeting included training on resiliency. One meeting had an invited guest to talk about working with the LGBTQ+ community.

## **PUBLIC INFORMATION AND MARKETING**

- Washtenaw Alive Suicide Prevention Coalition meetings
- Washtenaw Alive Subgroup meetings
- Breakfast Club law enforcement networking meetings
- Ann Arbor Police Department presentation at in-house police academy
- Ypsilanti Community Schools CISM team meeting
- Michigan Crisis Response Association meetings
- Coordinator presented at the National Emergency Number Association MI conference
- Presented at the 14<sup>th</sup> World Congress of ICISF in Baltimore, MD
- Staffed an information table at a school event in Ann Arbor
- Presented to FBI Evidence Techs
- Panel discussion – NAMI conference
- Panel discussion – Suicide Survivor Conference (ASPF)
- Information table at County Community Conversations on Opioid epidemic
- Information table at event : ‘Addressing the Rising Trend in Suicide Among Adolescents and Young Adults’
- Information table at event: ‘Suicide Prevention Town Hall’
- Information table at Washtenaw County Employee Health Fair
- Information table at Red Cross Health Fair
- Information table at Out of Darkness Walk – EMU

## **TEAM ACTIVATIONS**

### **Traumatic Events Response Network:**

- Crisis response after student death
- Crisis Response after suicide
- Referral to CMH
- Crisis response after suicide
- Crisis response after suicide

**For CISM and TERN team activation please call Washtenaw Metro Dispatch at (734) 994-2911  
WCSO Emergency Services Team Coordinator Anne Daws-Lazar (734) 794-2141**

- Resource referral after suicide
- Crisis response after OD
- Debriefing after suicide attempt
- Crisis response after trouble with employee
- Crisis response after infant death
- One on one after death
- Defusing after suicide
- Consultation after suicide
- Consultation after death
- Debriefing after death

#### **CISM:**

- Debriefing after shooting
- One on one after suicide
- Debriefing after suicide
- Debriefing after fatal fire
- Debriefing after fatal car fire
- Debriefing after homicide
- Debriefing after infant death
- Debriefing after suicide
- Debriefing after death

#### **GOALS FOR 2018**

We continue to look for opportunities to conduct CISM presentations for first responder and community groups. If you know of any groups who are interested, please contact Anne to set-up a meeting or presentation!

During 2018 we would like to continue to increase the number of safety service peers on the team. We will offer training at least once in 2018 in order to get more people trained to join the team.

We will include 'guest speakers' in team meetings in order to broaden our education in working with different populations.

We would like to get more training for existing team members including internal skills updates and working on making the team more cohesive and self-reliant.

## **ANNUAL RESPONSE TABLE**

This table shows responses by year since 2013. It breaks them down into 'Community' responses and responses for 'Safety Service' personnel. For each team response there may be several actual responses provided. For example we may go to a group of people and provide several one on one's as well as one or more group responses after a single incident.

