

# **Washtenaw County Critical Incident Stress Program**

## **Annual SUMMARY**

**January – December 2018**

### **MEMBERSHIP AND RECRUITMENT**

In 2018 we lost one member due to a move out of the area and one due to health reasons. We gained 6 new first responder members to the team after training that we held. We currently have 37 active members on the team. This includes 9 'lead' crisis responders and 28 debriefers.

### **TRAINING and EDUCATION**

The team coordinator taught 2 'Group Crisis Intervention' classes. One at the LRC on the Washtenaw county campus and one at Huron Valley Ambulance. Five team members attended one of these classes as a refresher.

One team member taught 'Advanced Assisting Individuals in Crisis' at the LRC on the Washtenaw county campus. Eight team members attended this class.

Two team members attended regional training conferences this year.

Team coordinator attended the joint NENA/APCO conference in May of this year.

One team member attended suicide prevention training at the Salvation Army.

Five team members were trained to handle coordinating the team for callouts in the absence of the coordinator. This is important because it makes the team management more resilient.

### **TEAM MEETINGS.**

There were 8 team meetings this year. Most meetings included refresher training or skill building. The topics of our training included sorting, debriefings, defusings, suicide prevention, stress management and active listening.

## **PUBLIC INFORMATION AND MARKETING**

- Washtenaw Alive Suicide Prevention Coalition meetings
- Washtenaw Alive Sub group meetings
- Breakfast Club networking group
- Ann Arbor Police Department presentation at in-house academy
- Ypsilanti Community Schools CISM team meeting
- RU OK meeting
- Presented at joint NENA/APCO conference
- Presentation and panel discussion Mom's Demand Action meeting
- Interview with 'American City and County'
- Information table at UM Depression Conference
- Michigan Crisis Response Association meetings
- Table at Out of Darkness Walk – University of Michigan
- Table at Washtenaw Community College Health and Wellness Fair (April and October)
- Presentation at Pioneer High in Ann Arbor – freshmen/sophomore symposium
- Participated in Washtenaw Alive showing of 'Suicide – The Ripple Effect' (2 showings May and October)
- Presentation for RAHS staff
- Information at Suicide Prevention event at the Ann Arbor District Library

## **TEAM ACTIVATIONS**

### **Traumatic Events Response Network:**

- Debriefing after suicide
- Consultation after suicide
- Defusing and one on one's after suicide
- Consultation mutual aid after racial graffiti
- One on one after attempt suicide (of another)
- Debriefing and one on one's after death of resident
- Consultation after death of a student's parent
- One on one over suicidal family member
- Debriefing after termination of employee with psychiatric issues
- Debriefing after stabbing death
- Debriefing mutual aid after fatal crash
- Debriefing after overdose death

**For CISM and TERN team activation please call Washtenaw Metro Dispatch at (734) 994-2911  
WCSO Emergency Services Team Coordinator Anne Daws-Lazar (734) 794-2141**

- Consultation mutual aid after suicide of coworkers daughter
- One on one after murder of co-worker

#### **CISM:**

- Consultation after suicide attempt
- Debriefing after suicide
- Debriefing after fatal car crash
- One on one after CPR and death of baby
- Debriefing after fatal car crash
- Debriefing after found deceased infant
- One on one mutual aid after traffic death
- One on one after fatal crash
- Defusing after drowning (non fatal)
- Consultation after suicide
- Debriefing after critical car crash
- One on one's after sudden death

#### **GOALS FOR 2019**

We continue to look for opportunities to conduct presentations/introductions on CISM in the community and with first responders. Please contact us if you know of a group that would be interested.

We would like to utilize outside speakers at team meetings and skill building opportunities in order to better understand the populations we serve.

## ANNUAL RESPONSE TABLE

This table shows responses by year since 2013. It breaks them down into 'Community' responses and responses for 'Safety Service' personnel. For each team response there may be several actual responses provided. For example we may go to a group of people and provide several one on one's as well as one or more group responses after a single incident.

