

THE FLU

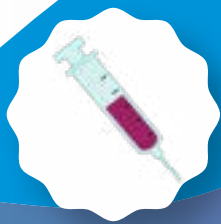
Time to Vaccinate

Protect yourself & others by getting a flu shot. The flu is dangerous, especially during the **COVID-19** pandemic. A flu shot can prevent serious illness. It's even more important to get the flu vaccine this year to lessen the risk of having **COVID-19** and the flu at the same time.

Prevention Steps ▾



WASH YOUR HANDS OFTEN



GET VACCINATED



WEAR A FACE COVERING



AVOID CONTACT WITH SICK PEOPLE



ALWAYS COVER YOUR COUGH OR SNEEZE



Washtenaw County
Health Department

#SleeveUp

Getting a flu vaccine is more important than ever. Roll your sleeve up and help protect our community by getting your flu vaccine this fall! Flu vaccines have been shown to reduce the risk of flu illness, hospitalization, and death and can help save medical resources this fall and winter.

- > **Everyone 6 months of age and older should be vaccinated.**
- > **It is especially important this year because of the ongoing COVID-19 pandemic.**
- > **Know the symptoms. Symptoms include feeling feverish/chills, cough, sore throat, runny, or stuffy nose, muscle or body aches, and fatigue. Some may have vomiting or diahrea, which is more common in children.**
- > **If you feel sick, stay home and away from others.**
- > **The best way to prevent the flu is by getting vaccinated each year.**

Where to get vaccinated?

<https://bit.ly/2fluvaccine>



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