

## Washtenaw County Community Mental Health

### HEALTH – (policy)

#### PURPOSE

The health and wellness of CMH recipients, their families and the community are components of assessment and care for all individuals served.

#### POLICY

It is the policy of Washtenaw County Community Mental Health to:

- A.) Provide and document Health Screening by qualified health professionals for all individuals served. The frequency of health screening is upon entry into the program with an annual review.
- B.) Utilize the Person Centered Planning process to provide education and interventions intent on health promotion; including discussion of health and/or safety concerns.
- C.) Communicate with the Primary Care Provider (with recipient's permission).
- D.) Recognize health screening as an essential component of comprehensive assessment and a domain included in all assessments.
- E.) Initiate further evaluation, treatment or care utilizing established procedures and community resources.
- F.) Maintain Infection Control practices and policies to support the health of the individual, the family and the community.
- G.) Provide consultation when a recipient and family requests access to available community medical resources and providers.
- H.) Provide competent and caring health professionals for recipients that are mentally or medically unstable and at-risk for further complications without intervention.
- I.) Provide educational experiences for students of health and human service professions.
- J.) Protect the private and sensitive nature of each recipient's personal health information.
- K.) Provide Health and Safety trainings by qualified health professionals for direct care staff regularly on topics that affect identified groups of clients; such as, Medications, Nutrition and Mealtime Concerns, Neuroleptic Malignant Syndrome (NMS), Diabetes, Seizure Disorders and other topics related to Wellness.
- L.) Provide community health and safety assessments at targeted community residential centers.
- M.) Provide Health and Safety education and support to recipients and their natural supports individually and in groups and assist in integrating biopsychosocial information into practice.
- N.) Follow CMH Medication Policy and practices addressing:
  - 1.) Safe administration of medication(s) including utilizing at least two individual identifiers.
  - 2.) Verbal orders (i.e., only a registered nurse takes medication orders).
  - 3.) Monitoring of the effects of medication(s)
  - 4.) Laboratory testing and follow up (when indicated by results)
- O.) Coordinate with Primary Care Physician when:
  - 1.) An acute health problem arises.
  - 2.) A chronic illness is present.
  - 3.) Moderate to severe pain is present.

- 4.) Abnormal vital signs are present (high blood pressure, rapid heart rate, underweight or obese)
- 5.) Accident or injury occurs.
- 6.) Placement in a licensed living situation is planned.
- 7.) Last physical was completed over a year ago.
- P.) We encourage annual physicals and the establishment of a primary care practitioner.
- Q.) Flag allergy information is entered in the Alert Section of the Electronic Health Record according to procedure and safe practice guidelines.
- R.) Provide consultation with recipient and/or caregiver for clarification and/or education on health issues and/or treatments.
- S.) Identify recipients that require monitoring of psychotropic and medical medications and coordinate the necessary level of care.

## DEFINITIONS

Health screening and medical history- Contains documented information regarding the health status, physical and cognitive development of an individual, as applies to the age and nature of the disability of the individual, including:

- Known medical diagnoses (including history of)
- Past medical procedures and/or hospitalizations
- Current health problems
- Known adverse and allergic drug reactions and other allergies
- Current and recently used medications, including over-the-counter medications, herbs and vitamins, and history of medications used
- Immunization/vaccination status
- Identification of health-risk behaviors (tobacco use, caffeine use, alcohol use, illicit drug use, sexual activity and exercise patterns)
- Information regarding Pain
- Family medical history
- Height and Weight
- Diet and special dietary information
- Brief body systems review
- Vitals signs (adults)
- Signs of Abuse or Neglect
- Dental Health
- Functioning
- Mental Health Status
- Self-injurious compulsions or behaviors
- Pregnancy and lactation status
- Assessment of substance abuse and dependence

## PROCEDURES

*(see procedures manual)*

## REFERENCES

- Washtenaw County Community Mental Health Policies
  - Abuse and Neglect (regional/ORR)

- Administration of Medication and Medical Treatment (regional/ORR)
- Person Centered Planning
- Health Care Personnel Plan
- Behavior Treatment Committee (regional)

## **EXHIBITS**

There are no exhibits attached to this policy.