



FOR IMMEDIATE RELEASE

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FREE 2018 SENIOR RESOURCE GUIDE AVAILABLE

Guide provides Washtenaw County seniors 55+ resources to address health, housing and safety needs.

WASHTENAW COUNTY, MI., January 10, 2018 – **The 2018 Senior Resource Guide is now available online and in print.** The free guide provides information for a variety of services, particularly for low-income seniors. Services include everything from housing information and chore and maintenance help to substance abuse support and emergency services.

The 2018 guide is made possible through the continuing partnership between **Catholic Social Services of Washtenaw County (CSSW)** and the **Washtenaw County Office of Community and Economic Development (OCED)**.

“Washtenaw County residents deserve clear and easily accessible information about the community resources available to them, and we’re proud to continue our commitment to older adults and their caregivers through critical partnerships like this,” said **Andrea Plevak, Director, Washtenaw County Office of Community and Economic Development.**

This year, 12,000 resource guides will be distributed to older adults through non-profit organizations, medical and housing centers, businesses and area locations seniors frequent.

“In 2017, we published 12,000 resource directories and distributed them through the support of many local non-profit organizations, medical and housing centers, and other area locations seniors frequent,” said **David Garvin, Interim President/CEO, Catholic Social Services of Washtenaw County.** “2018 will make the 20th year of distribution as demand for the directory has been enormous.”

An online version of the directory is available at www.csswashtenaw.org/seniors/ and www.BlueprintforAging.org. Printed copies are available during business hours at Catholic Social Services of Washtenaw County at 4925 Packard Road Ann Arbor, MI 48108, starting Monday, January 8th. The directory is also available for pick-up at the CSSW Senior Services Department (Towsley Health Building,

5361 McAuley Drive, Ypsilanti, MI 48197) beginning, Monday, January 8th. Please contact the department at 734-712-7774 for more information.

In 2018, CSSW Senior Services provided support to maintain the independence of 2,000 older adults in Washtenaw County; three quarters of whom have annual incomes below the poverty line.

The CSSW Senior Services Department provides a variety of supports and resources including screenings and community education on topics such as Elder Abuse and Substance Abuse.

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