

# COVID-19 Vaccine Facts for Pregnant & Breastfeeding People



Washtenaw County  
Health Department

**COVID-19 vaccines are recommended for everyone 5 and up! This includes people who are pregnant and breastfeeding. It also includes people who are trying to get pregnant or who might be pregnant in the future.**

## COVID-19 & Pregnancy

- Pregnant people with COVID-19 are at higher risk of severe illness and complications.
- It's especially important for pregnant people to protect themselves against COVID-19.



## COVID-19 Vaccines & Pregnancy

- COVID-19 vaccines are safe during pregnancy.
- Vaccines lower the chance of severe illness and pregnancy complications from COVID-19.
- Pregnant people have not reported different side effects from non-pregnant people after getting mRNA COVID-19 vaccines.
- Getting vaccinated during pregnancy might help protect babies against COVID-19.
- There is no scientific evidence of COVID-19 vaccines causing infertility.

## COVID-19 Vaccines & Breastfeeding

- It's safe to get vaccinated while breastfeeding.
- Reports have shown that breastfeeding people who have received mRNA COVID-19 vaccines have antibodies in their breastmilk. This could help protect their babies!

**COVID-19 vaccines are safe, effective, free, and easy to get!  
Getting a COVID-19 vaccine gives you protection from serious illness.**

[www.washtenaw.org/covid19vaccine](http://www.washtenaw.org/covid19vaccine)

This fact sheet is for information only and is not meant to be used as a substitute for consultation with a health care provider. If you have any concerns about getting a vaccine while pregnant or breastfeeding, talk with your health care provider.

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