

Writing for Pride Month

Pride Month is an annual celebration of the LGBTQIA2S+ community. Pride Month, which occurs in June, began being celebrated after the 1969 Stonewall Uprising in New York. **Pride** is the feeling of being proud of yourself or others - finding satisfaction in who you are, the things you do, and who you love or surround yourself with.

It's important to be proud! When we voice our pride, we tell others like us that it's *more than okay* to be who they are... you're worth celebrating! To explore pride in writing, try one of the prompts below:

1. What parts of you are you most proud of? Your character? Your style? Your humor? How you set boundaries? How you make connections? How you challenge yourself?
2. What's something that you have achieved that you are especially proud of? What did you have to overcome to achieve this? How do you continue to honor this achievement?
3. Who are you proud of? Friends or siblings? Parents or guardians? Teachers? Acquaintances? Make a list of all of the people you're proud of, and include why you're proud of them.
4. What lessons have you learned about feeling proud that you carry with you? Which of these lessons serve you? Which of those lessons might you let go so that you can continue to honor yourself and grow?

After writing about pride, if you feel like sharing, have a conversation with a friend or loved one, or post some of what you've written on Instagram, and tag @YpsiWrites and @WishYouKnewWashtenaw! You can read more about the history of Pride Month here: <https://www.loc.gov/lgbt-pride-month/about/>

